

## Stay Safe in the City

Most people enjoy a night out in the town, but the inclement weather and larger crowds during winter can create some new and difficult problems.



Most UK cities are very safe places, but it is always worth taking sensible precautions to ensure your own personal wellbeing. Here are a few tips to enjoying time in the city safely, whether you're a first-time visitor, regular traveller or local. In an emergency, telephone 999 or 112. To contact the police for non-emergencies, dial 101.

### Public Transport Updates

Whether you are travelling somewhere new, or are unsure how the weather is affecting public transport, real-time information is readily available. National Rail Enquiries' free app provides real-time train information for the UK, and the Traveline app shows live bus departures.

Please remember that any inclement weather is likely to disrupt public transport services.



National Rail



Traveline

### Top Tips for Staying Safe in the City

There are simple precautions you can take which won't cost you much in time or money. You will also find that many cities have organisations which work closely with the local police to provide advice and security services. Here are some tips for safety when out and about:

- Know how you will get home – plan ahead, particularly if you are going to an area you don't know.
- Let someone know where you're going and what time you expect to be back.
- Drink responsibly. It is much easier to do something risky or foolish when you are under the influence.
- Walking may not be the best option, but if you have to, keep to well-lit and busy streets.



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# Stop at Merry

The winter period is a busy time in most cities with many events and unique behaviour. There is an increase in alcohol-related and opportunistic crime to also be aware of.



#StopAtMerry this winter

Winter is a busy time with lots of people out socialising and drinking. Be smart and be alert; stop at merry this Christmas.



Last Winter there was an increase in the number of bags and electronic items such as phones, laptops and tablets stolen inside licensed premises. Excessive amounts of alcohol can make people vulnerable to criminals. If you are a victim of crime or see anything suspicious, please report it to police by calling 101 in a non-emergency, or 999 in an emergency.

## Prevent Phone Theft

People are naturally distracted in busy environments, making it easier for thieves to target their victims.

The majority of thefts take place between 6pm and 10pm. Victims tend to be approached from behind while they have been holding their phone in their hand and using it in the street. Be discreet when using your phone in public - don't text whilst walking and try not to advertise your property in busy places.

“If you must use your phone when you're out in the street, be aware of what's going on around you. We are working hard to identify and catch those responsible but urge you to take some simple steps to help prevent your phone being stolen.”

Inspector Claire Burgess, City of London Police



## Red Cross Emergency First Aid App

The British Red Cross has developed a free app, available on both Android and iPhone platforms, which contains detailed emergency First Aid advice and various scenario-specific advice covering a range of incidents.

This will help you be prepared for a range of unexpected situations and will provide vital emergency advice in the event of a critical incident.



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